

CLASS OUTLINE -- WEEK TWO

9:30 a.m. **Lecture:** Schizophrenia (Ch. 20) (please review and study your Theory Lecture Notes on Schizophrenia prior to class)

Definition of Schizophrenia
Etiology
Signs and Symptoms
Medical Treatment
Course and Prognosis
Nursing Application (presented in case study group presentation)

11:00.a. m. **Break or Psychopharmacology Review of Outline**

11:30 noon. **Break or Case Study and Nursing Process (Nursing Application):**
Schizophrenia: Review/discuss case study.

1:00 p.m. **Discussion of other Chapters for Weeks One & Two as Needed**

1: 15 pm. **Adjourn**

Assignments / Notes / Announcements

1. **ATTENDANCE AT SUPPORT GROUPS AND 12 STEP (AA) MEETINGS: Please note again: Generally**, no more than two students at a time should attend these groups. There are many groups from which to choose. Students should not sit together in the group and should be respectful of other attendees and not disrupt/distract and should not leave groups early. Please don't take notes or talk to the other student during the group. Remember that we are all human beings with strengths as well as weaknesses and there really is no "them and us". Think of yourself as *part of the group* you attend rather than as an aloof observer.
2. **Critical Thinking Class Points:** These points will be assigned for: class participation in discussing critical thinking questions that are presented in the case study presentations, and by completing any critical thinking written exercises assigned during class This includes the "response papers" (one page) on suicide, family violence, and cultural aspects in mental illness (the latter, from your own experience would be very welcome if you would like to share information) and the Alcohol Withdrawal ECH Module.
3. **To study further about Schizophrenia** you may view three excellent videos in Marge's lab that outline in logical order the **signs and symptoms** of this disease process. There are also my VideoGuides, word matching and a crossword puzzle in your Workbook to help assist you with the important concepts and terminology.

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4. **Clinical Course Reminder:** Be sure to always have your **Bloodborne Pathogen info** on your clipboard in all clinical settings. **THIS IS VERY IMPORTANT.** Also have your **Clinical Evaluation Tool** with you and check it weekly, making notes on it as to what you are doing to meet the objectives. At ECH you must also have copies of your health status.
5. **Theory Course Objectives:** The course objectives are based on learning the following: (1) Theory of psychiatric disorders studied, (2) Self-understanding of the Nurse, and (3) Application of the steps of the Nursing Process (assessment through evaluation). The **“structure”/organization of the course** is the **NURSING PROCESS**. Please ask for clarification NOW if you have any questions about the course objectives, the “structure” of the course or how to meet the objectives. **Studying for exams** is also best done by **following the steps of the nursing process**, especially the interventions, for each psychiatric disorder studied. Memorization is best for learning terminology/facts about the illness, anatomy and physiology of the brain, knowledge of drugs, etc.
6. **Clinical Absence Procedure:** It is not necessary to page Rebecca if you are ill and not coming in. For Rebecca’s clinical, leave a message at 408-864-8633 and be sure to call your clinical unit and notify the unit ahead of time. **(Students in other clinicals should verify the procedure with their instructor.)** Find out the phone number for your clinical and be prepared. Knowing the number is part of your responsibility. Don’t depend on another student to report that you are ill unless it’s an extreme and unusual situation. The instructor can not help you decide whether you are too ill to come in, only the student can do that (with the help of his or her own physician if needed) If you can, get the name of the staff person you talked to in order to verify that you called the unit. **Please don’t come to clinical and spread germs if you are ill, coughing and sneezing, or have a fever.** Take good care of yourself so you can be healthy enough to care for patients! **Now that the class has been cut to half a quarter with a bare minimum of clinical days, we will need to ask for make-up hours in case of absence.** Attending mental health community meetings, 12-Step Meetings, or other course-related events will be recommended -- or lab hours viewing the appropriate videos.
7. **Students are responsible for asking Instructors (theory or clinical) to clarify anything about the course that they do not understand or is not clear.**
8. **Exam I** will be next week at the beginning of the class period. Approximately (roughly) half of the questions will be on Schizophrenia and the rest will be roughly equal in number on the other chapters.